

B.S. Exercise Science Major Field Assessment Report

Expanded Statement of Institutional Purpose	Program Intended Outcomes	Assessment Method and Criteria	Assessment Results	Use of Results
<p>CSU Goals to which this program most contribute are:</p> <p>Goal 1: To improve the quality of education and service to students.</p> <p>Goal 2: To become a distinguished educational Institution within a nationally recognized university system.</p> <p>Goal 4: To encourage cultural diversity.</p> <p>Goal 6: To develop a reputation for technological innovation</p>	<p>Graduates will:</p> <p>Have an extensive base of knowledge in regard to structure and function of the human body during rest and exercise, development of programs of exercise for health purposes, and other related content areas.</p> <p>Exhibit a wide range of practical skills including exercise testing and other physical evaluations, exercise leadership in a variety of activities, and ability to develop a comprehensive fitness program for an individual or industry.</p> <p>Contribute to the well being of the community, region and nation through advanced study and/or employment in a meaningful occupational setting.</p> <p>Increase minority participation.</p> <p>Have developed technological competence utilizing widely-used computers and software, industry specific apparatus, and equipment for metabolic and body composition analysis.</p>	<p>Continued evaluation of content, sequencing of courses, and practical application opportunities for students (Goal 1).</p> <p>Monitor graduate placement (Goal 2)</p> <p>Examine diversity of program, students and awards. (Goal 4)</p> <p>Examine syllabi for potential introduction of industry specific technology beyond what is currently used. (Goal 6)</p>	<p>The transition from theory to practice is soft for many students. Highly motivated students find work applications that are relevant and provide opportunities to use and hone skills, others do not. Internship is useful but inadequate.</p> <p>Ongoing</p> <p>Increased participation of African-American females and males. Exercise Science student of the year African-American female. Diversity evidenced also by American Indian and several international and American Protectorate students.</p> <p>Resources are utilized optimally and perhaps maximally. This goal dovetails with Goal 1.</p>	<p>Plan is to pursue a testing, training, personal training arrangement with CSU Fitness Center. This arrangement may be facilitated by the hiring of a recent Exercise Science graduate.</p> <p>Pending</p> <p>On target</p> <p>Identify practicum site, preferably on campus, that might lead to more practical Technological skills.</p>